The following substances are placed on the 2020 Monitoring Program:

1. **Anabolic agents:** In- and Out-of-Competition: ecdysterone
2. **Beta-2-agonists:** In- and Out-of-Competition: any combination of beta-2-agonists
3. **2-ethylsulfanyl-1H-benzimidazole (bemitil):** In- and Out-of-Competition
4. **Stimulants:** In-Competition only: bupropion, caffeine, nicotine, phenylephrine, phenylpropanolamine, pipradrol and synephrine
5. **Narcotics:** In-Competition only: codeine, hydrocodone and tramadol
6. **Glucocorticoids:** In-Competition (by routes of administration other than oral, intravenous, intramuscular or rectal) and Out-of-Competition (all routes of administration)

*The World Anti-Doping Code (Article 4.5) states: “WADA, in consultation with Signatories and governments, shall establish a monitoring program regarding substances which are not on the Prohibited List, but which WADA wishes to monitor in order to detect patterns of misuse in sport.”*