



# **Fina**

## **DIVING GRAND PRIX**

**FINA Diving Grand Prix 2016  
Gatineau (CAN)  
2016 Canada Cup  
Information Package**

**April 7<sup>th</sup> to April 10<sup>th</sup>, 2016  
Gatineau, Québec**

**Hosted by: Diving Plongeon Canada  
Sanctioned by: FINA**





**EVENT :** FINA Diving Grand Prix 2016  
2016 Canada Cup  
April 7<sup>th</sup> to April 10<sup>th</sup>, 2016  
Gatineau, Québec, Canada

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Events & Communications Manager  
Diving Plongeon Canada  
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[jeff@diving.ca](mailto:jeff@diving.ca)  
Tel : +1 (613) 736-5238 ext. 2101  
Fax : +1 (613) 736-0409

**POOL:** Gatineau Sports Complex  
850 Boulevard de la Gappe  
Gatineau, Québec  
J8T 7T7  
Tel: +1 (819) 503-8500  
Fax: +1 (819) 243-2334

**HOTEL :** Crown Plaza - Gatineau  
2 Rue Montcalm,  
Gatineau, QC  
J8X 4B4  
Tel: +1 (819) 778-3880  
Fax: +1 (819) 778-3309

**REGISTRATION :**

Please send all complete forms to the email address below:

To: Jeff Feeney ([jeff@diving.ca](mailto:jeff@diving.ca))

Or via fax to:

+1 (613) 736-0409 | Attn: Jeff Feeney

**DUE DATES:**

- Preliminary Entry Forms – **Friday, February 12<sup>th</sup>, 2016**
- Arrival/Travel Forms – **Friday, February 26<sup>th</sup>, 2016**
- Final Entry Forms – **Friday, February 26<sup>th</sup>, 2016**

Please contact Diving Plongeon Canada if there is a conflict with these due dates.



## PARTICIPANT COSTS:

- **\$165.00 USD / Day** – Double Occupancy
- **\$230.00 USD / Day** – Single Occupancy

Daily fees include hotel, all meals, and local transportation to and from the airport and pool.

\*A **50% deposit** must be placed while submitting the **Final Entry Form on February 26<sup>th</sup>** . Any cancellations after **Friday, March 18<sup>th</sup>** are subject to a cancellation fee of \$50.00/person. Any cancellations after **Friday, April 1<sup>st</sup>** are subject to pay their first two days of participation costs.

## TRAVEL INFORMATION:

Please book ALL flights to the **Ottawa Macdonald-Cartier International Airport (YOW)**. All members must travel to Ottawa and shuttles to Gatineau from the organizing committee will be available upon arrival.

Attached below is a map to show the proximity of Ottawa, ON to Gatineau, QC.



## BANKING INFORMATION:

Bank Name:	Bank of Nova Scotia
Bank Address:	2400 City Park Drive Gloucester Ontario, CANADA K1J 1H6
CDN Clearing Code:	CC0002 50476
Swift #:	NOSCCATT
Account Name:	Canadian Amateur Diving Association Inc.
Company Address:	#312-700 Industrial Ave Ottawa, Ontario Canada K1G 0Y9





Account No.:

504760111619



## DOPING

Doping tests will be conducted at this competition in accordance with FINA rules.

## RESULTS

Results will be posted following each event by the competition office near the pool. Live results and **live video and results** will be available through [www.canadacupdiving.com](http://www.canadacupdiving.com) for families and federations back home.

After each final, athletes (gold, silver & bronze medalists) must present themselves in the media zone on pool deck.

Results will be posted online at [www.diving.ca](http://www.diving.ca) and can be emailed upon request.

## MEDICAL

Medical services including massage therapists, physiotherapists, and chiropractic is available at a clinic onsite. A physician will be available on pool deck during the competition. Lifeguards will be on pool deck during training and the duration of competition. A safety rehearsal will be organized the day prior to the start of the event.

## COMPETITION FORMAT

The 2016 Canada Cup – FINA Diving Grand Prix will be run according to the tournament format with the top 12 divers advancing to the Semi-Finals (Groups A and B), and the top 3 divers from Groups A and B advancing to the Finals (total of 6 divers in Final).

### Men's 3 metre

Preliminaries: 6 dives without limit. The top 12 will advance to the Semi-Finals Groups A and B:  
Group A: 12 – 10 – 8 – 6 – 4 – 2  
Group B: 11 – 9 – 7 – 5 – 3 – 1  
Semi-finals: 6 dives without limit. The top 3 in Groups A and B will advance to the Finals  
Finals: 6 dives without limit

### Women's 3 metre

Preliminaries: 5 dives without limit. The top 12 will advance to the Semi-Finals Groups A and B:  
Group A: 12 – 10 – 8 – 6 – 4 – 2  
Group B: 11 – 9 – 7 – 5 – 3 – 1  
Semi-finals: 5 dives without limit. The top 3 in Groups A and B will advance to the Finals  
Finals: 5 dives without limit

### Men's 10 metre

Preliminaries: 6 dives without limit. The top 12 will advance to the Semi-Finals Groups A and B:  
Group A: 12 – 10 – 8 – 6 – 4 – 2  
Group B: 11 – 9 – 7 – 5 – 3 – 1  
Semi-finals: 6 dives without limit. The top 3 in Groups A and B will advance to the Finals



### Women's 10 metre

Preliminaries: 5 dives without limit. The top 12 will advance to the Semi-Finals Groups A and B:

Group A: 12 – 10 – 8 – 6 – 4 – 2

Group B: 11 – 9 – 7 – 5 – 3 – 1

Semi-finals: 5 dives without limit. The top 3 in Groups A and B will advance to the Finals

Finals: 5 dives without limit

### Synchronized Diving (3 metre and 10 metre)

#### **Women's**

Finals only: 2 dives with limit  
3 dives without limit

#### **Men's**

Finals only: 2 dives with limit  
4 dives without limit

#### **Mixed**

Finals only: 2 dives with limit  
3 dives without limit

### Training Schedule

Date	Event	Start	End
Mon, April 4 <sup>th</sup>	Open Training	8:00	12:00
	Pool Closed	12:00	13:00
	Open Training	13:00	17:00
Tues, April 5 <sup>th</sup>	Training Group #1	8:00	9:20
	Training Group #2	9:20	10:40
	Training Group #3	10:40	12:00
	Pool Closed	12:00	13:00
	Training Group #1	13:00	14:20
	Training Group #2	14:20	15:40
	Training Group #3	15:40	17:00
Wed, April 6 <sup>th</sup>	Training Group #2	8:00	9:20
	Training Group #3	9:20	10:40
	Training Group #1	10:40	12:00
	Pool Closed	12:00	13:00
	Training Group #2	13:00	14:20
	Training Group #3	14:20	15:40
	Training Group #1	15:40	17:00

## **Competition Schedule\***

<b>Date</b>	<b>Event</b>	<b>Time (EST)</b>
Thursday, April 7 <sup>th</sup>	Open Practice	8:00
	Women's 3M Prelims	10:00
	Men's 10M Prelims	-
	Women's 3M Semi Finals	-
	Men's 10M Semi Finals	-

Friday, April 8 <sup>th</sup>	Open Practice	8:00
	Men's 3M Prelims	10:00
	Women's 10M Prelims	-
	Men's 3M Semi Finals	-
	Women's 10M Semi Finals	-

Saturday, April 9 <sup>th</sup>	Open Practice	9:00
	Men's 3M Synchro	11:00
	Women's 10M Synchro	-
	Victory Ceremony	-
	Men's 10M Final	-
	Women's 3M Final	-
	Mixed 10M Synchro	-
	Victory Ceremony	-

Sunday, April 10 <sup>h</sup>	Open Practice	9:00
	Men's 10M Synchro	11:00
	Women's 3M Synchro	-
	Victory Ceremony	-
	Men's 3M Final	-
	Women's 10M Final	-
	Mixed 3M Synchro	-
	Victory Ceremony	-

\*Subject to changes based on television requirements