# RETURN TO COMPETITION FORM

## ATHLETE INFORMATION

<table>
<thead>
<tr>
<th>Nationality:</th>
<th>Sex:</th>
<th>Date of Birth (dd/mm/yy):</th>
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<table>
<thead>
<tr>
<th>First Name:</th>
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I hereby inform FINA that I have decided to resume competing. I understand that my name will be included in the FINA Registered Testing Pool for Unannounced Out-of-Competition Testing and that I must submit to FINA my whereabouts as per FINA DC 5.5.

I hereby acknowledge that I will not be able to compete before a period of six (6) months from reception of this notification by FINA as per DC 5.6.1.

Signature ___________________________  Place and Date (dd/mm/yy) ___________________________

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**ATTENTION !**

**DC 5.6.1** If an International-Level Athlete or National-Level Athlete in FINA’s Registered Testing Pool retires and then wishes to return to active participation in sport, the Athlete shall not compete in International Competitions or National Competitions until the Athlete has made himself or herself available for Testing, by giving six (6) months prior written notice to FINA and their National Anti-Doping Organisation.

WADA, in consultation with FINA and the Athlete's National Anti-Doping Organisation, may grant an exemption to the six (6) month written notice rule where the strict application of that rule would be unfair to the Athlete. This decision may be appealed under DC 13.

Any competitive results obtained in violation of this Article 5.6.1 shall be Disqualified unless the Athlete can establish that he or she could not have reasonably known that this was an International Competition or a National Competition.

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## FINA ACKNOWLEDGEMENT RECEIPT

For FINA OFFICE only

Notification received on: ___________________________

Therefore the athlete is allowed to return to competition from: ___________________________

Signature ___________________________  Place and Date (dd/mm/yy) ___________________________

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Please fill in the form and return to:

FINA OFFICE
Chemin de Bellevue 24a/24b
1005 Lausanne, Switzerland
www.fina.org
Tel: +41-21-310 47 10

email: dcwhereabouts@fina.org