This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant ISTUE Criteria are met. Please note that the completed TUE application form alone is not sufficient; supporting documents MUST be provided. A completed application and checklist DO NOT guarantee the granting of a TUE. Conversely, in some situations a legitimate application may not include every element on the checklist.

### TUE Application form must include:

- All sections completed in legible handwriting
- All information submitted in [language]
- A signature from the applying physician
- The Athlete’s signature

### Medical report should include details of:

- Medical history: symptoms of airway obstruction, provocative stimuli, aggravating factors, exacerbations, age at onset, course of disease under treatment (specify)
- Findings on examination: airflow obstruction at rest, exclusion of differential diagnoses
- Summary of diagnostic test results: spirometry, if spirometry normal, include reversibility test, if both normal, include provocation test
- Interpretation of symptoms, signs and test results by respiratory physician
- Beta-2-agonists (except for salbutamol, salmeterol, formeterol by inhalation and in therapeutic doses, all are prohibited at all times) and/or glucocorticoids (only prohibited in-competition and when given systemically) prescribed including dosage, frequency, administration route
- Response to treatment with previous/current medication

### Diagnostic test results should include copies of:

- Spirometry report with flow curve
- Spirometry report with flow curve after bronchodilator administration (reversibility test) if above spirometry shows normal findings.
- Documentation (incl. spirometry report with flow curve) of a recognized provocation test if both spirometries above show normal findings.

### Additional information included (not mandatory)

- Peak flow log, allergy test results, previous spirometry and provocation tests results