



FÉDÉRATION  
INTERNATIONALE  
DE NATATION

Published on *fina.org* - Official FINA website (<https://www.fina.org>)

---

## History

Water polo took its lead from rugby football and was played in rivers and lakes. The original ball was made from a pig's stomach and the early game often relied on brute strength. Today, strength still counts for much but the skills of players are mesmerising, the pace of the play breathtaking.

---