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NEWSLETTER

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## "BUILDING A BRIGHTER FUTURE" TO ENGAGE WITH THE GLOBAL AQUATICS COMMUNITY



With less than a month to go until the **FINA World Aquatics Convention 2016** (December 3-5), FINA is pleased to reveal the programmes of both the **Aquatics Conference** and the **Swimming Coaches Golden Clinic** as well as the high-profile **speakers** to attend the fourth edition of the event, which is held on even years together with the **FINA World Swimming Championships (25m)**.

The leading event, which aims to discuss the latest trends and opportunities within the sport, will officially kick-off on December 3 in the afternoon. Sunday December 4 morning session will start with an update from FINA President Dr. Maglione on an important initiative: the "*Swimming for All - Swimming for Life*" programme. UN Special Adviser on Sport for Development Wilfried Lemke and FINA Vice-President Sam Ramsamy are also announced to take part in the presentation.

The Session will be followed by "*The power of Aquatics: How can Aquatics contribute to a healthier society?*" in which Swimming Australia General Manager Melissa Backhouse and FINA Bureau Member Margo Mountjoy among others will be speaking.

FINA Vice-Presidents Dale Neuberger and Sam Ramsamy, also an IOC Member, will present the latest **FINA Development programmes** put in place in the recent years and the tremendous improvement some National Member Federations have benefited from.

The conference will hear from a multitude of sport experts performing both inside and outside Aquatics. From development, sponsorship, marketing, media, hosting and events, experts will weigh in on what it takes to succeed in each of these areas, helping Aquatics strive for more success in the future.

The impressive lineup of speakers includes Michael Phelps' famous coach Bob Bowman, who will be leading the first session of the Golden Clinic entitled "*Coaching the best Swimmer of All time*" on Sunday December 4- but also major swimming countries Head Coaches such as Spain's Fred Vernoux, USA's David Marsh, Magnus Kjellberg (from Japan Swimming), Canada's Ben Titley and Great Britain's Bill Furniss who will share their knowledge about themes as various as the pressure of the Olympic Games & World competitions, the coaching of Olympians and the programme around it and the part technology plays in swimming success (Monday December 5).

Pool-based workshop will also be held on the first day of the Golden Clinic with doctors and professors from the **FINA Sports Medicine Committee** and recognised universities in Canada and Portugal.

The **FINA World Sports Medicine Congress** and the Golden Clinic will both run in parallel of the Convention on December 3-4 and December 4-5 respectively in Windsor, Canada.

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## Bob Bowman and David Marsh to reveal secrets of Olympic success



Coaching superstars Bob Bowman and David Marsh are confirmed to speak at the **FINA Swimming Coaches Golden Clinic** in Windsor, Canada, 4-5 December 2016.

As head coaches of the hugely successful men's and women's 2016 U.S. Olympic Swimming Team, Bowman and Marsh oversaw a programme that redefined success.

With 16 gold medals - out of the 32 events on offer - and 33 overall, USA Swimming won more than a third of the medals presented in the pool competition.

*"There is so much we can learn from each other as coaches,"* says Marsh.

*"It's so important to come together and share ideas that will benefit our athletes and move our sport forward, and the FINA's Coaches Clinic provides a great occasion for this."*

*"I'm really looking forward to being part of the Clinic and hope to get involved in many exciting discussions."*

Joining Bowman and Marsh is British Swimming's Head Coach Bill Furniss, and Royal Spanish Swimming Federation Coach Fred Vernoux.

Furniss previously coached four-time Olympic medallist Rebecca Adlington, before leading British Swimming (at Rio 2016) to its biggest Olympic medal haul since 1984.

Vernoux is no stranger to records - over 244 have been broken under his watch.

He now coaches **Mireia Belmonte** who, on winning the 200m Butterfly in Rio, became the first Spanish woman to win an Olympic Swimming gold medal.

Read the rest of the interview [here](#) & also read Bill Furniss's interview [here](#)

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## Japan stands out in last FINA Diving Grand Prix meet of the year

Despite China winning most events at stake during the entire 2016 edition of the **FINA Diving Grand Prix**, Japan stood out at the last leg which took place in Singapore (SIN) from November 4-6.

Japan earned gold in the men's 10m, women's 3m and 10m, as well as the women's synchronised 10m and the mixed 3m.

Other nations to break China's dominance throughout the season and to claim at least one gold medal were:

## IN THE SPOTLIGHT



Austria, Australia, Canada, Colombia, France, Germany, Italy, Malaysia, Switzerland, and the USA.

Have a look at the 2016 **RESULTS**

The Diving Grand Prix will resume in February 2017 (*dates and cities tbc*).

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THIS EMAIL WAS SENT FROM THE **FINA COMMUNICATIONS DEPARTMENT**

#### Fédération Internationale de Natation (FINA)

The Fédération Internationale de Natation, FINA (founded in 1908) is the governing body for aquatics worldwide. Its five disciplines - Swimming, Open Water Swimming, Diving, Water Polo and Synchronised Swimming - are all included in the Olympic programme. High Diving is on the World Championships programme since 2013. FINA organises World Championships, World Swimming Championships in 25m-pool and World Masters Championships every two years. FINA counts 207 affiliated National Federations on the five continents and has its headquarters in Lausanne (SUI).

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