

## 22<sup>nd</sup> FINA - Diving - Grand - Prix - Meeting

Rostock – Indoor Pool “Hallenschwimmbad Neptun” from 29th to 31th January 2016

### 61. Internationaler Springertag Rostock

#### 1. Organization

Head of Organization **Rainer Milles**  
Club President – “Internationaler Springertag Rostock e.V.”

Event Manager **Andreas Kriehn**  
**kontakt@springertag-rostock.de**

Organizing Committee: Office  
Trotzenburger Weg 15  
D-18057 Rostock  
**kontakt@springertag-rostock.de**  
Tel: +49 381 – 49 75 60  
Fax: +49 381 – 49 75 699

Competition Supervision: **Simone Pietsch**  
**kontakt@springertag-rostock.de**

#### 2. Pool

Indoor Pool „Hallenschwimmbad Neptun “  
Kopernikusstraße 17  
D-18057 Rostock

Facilities: 3 springboards 1m  
4 springboards 3m  
1 platform 3m  
1 platform 5m  
1 platform 7,5m  
1 platform 10m  
Gym

#### 3. Hotel:

InterCityHotel  
Herweghstr. 51  
D-18055 Rostock

Tel: +49 381 49 500  
Fax: +49 381 49 50 99

**PLEASE NOTE: The organizing committee is in charge of all hotel reservations. Bookings via the office only. Thank you.**

Participant cost: **EURO 115.00 / Day** Single Room  
**EURO 95.00 / Day** Double Room

Daily fees include hotel, all meals and local transportation.



Banking Information: Bank Name **Ostsee-Sparkasse Rostock**  
Bank Address **D-18057 Rostock**  
**Am Vögenteich 23**  
BIC **NOLADE21ROS**  
IBAN **DE5913050000405002130**  
Account holder **Internationaler Springertag Rostock e.V.**

#### 4. Arrival / Departure

All participants will travel individually to **Berlin** or **Rostock/ Laage**, Germany. The organizing committee will provide transport from Berlin Airport to Rostock and will bear all cost.(one group per country) In case the arrival and departure times of team members will vary and additional transport is needed, the respective team will bear the extra cost.

Please advise that judges should travel with their team, otherwise additional costs will occur on arrival and departure.

#### 5. Eligibility

**Under consideration of the regulations for the 22<sup>nd</sup> FINA DIVING GRAND PRIX the nomination of the participants is exclusively carried out by the national federations.**

**The national federations may either send a national team or a representative team of one of their clubs. They are not allowed to send both.**

The maximum number of divers who can participate in an individual DGP event is four (4) from the Host Federation and two (2) from each visiting Federation. The Host Federation may enter four (4) divers in the prelims of an individual event but only two (2) can advance to the semi-finals. The Host Federation may enter two (2) teams in the direct final of a synchro event but only the best team may go to the podium for the medals. No additional divers or teams are allowed to start in a DGP meet, which means that participation in the form of exhibition is not allowed.

#### 6. Rules and Regulations

The competitions will be conducted in accordance to the FINA Rules and Regulations.

#### 7. First Aid and Lifeguards

A safety rehearsal will take place near the swimming pool on Thursday 28<sup>th</sup> 2016 by expert lifeguards. An emergency doctor will be available above the technical podium during all competitions. Lifeguards will be available during training sessions and competitions next to our synchro springboards.

#### 8. Registration

Please send all forms within the deadlines via email to [\*\*kontakt@springertag-rostock.de\*\*](mailto:kontakt@springertag-rostock.de)

Preliminary Entry Form: **December 21- 2015**

Final Entry Form: **January 04 - 2016**



## 9. Awards

The winner of each discipline will be awarded a special prize. All divers placed 1 to 6 will receive certificates.

The winner, second and third place receive prize money.

In women's and men's springboard-3m, platform diving and synchronized diving

Winner	EURO	1.000,-
2nd place	EURO	500,-
3rd place	EURO	250,-

## 10. Doping

Doping tests will be conducted at this competition in accordance with FINA rules.

## 11. Results

Results will be posted following each event by the competition office near the pool. Live results and live internet video will be available through

[www.springertag-rostock.de](http://www.springertag-rostock.de) (live stream/results)  
[www.sportlicht.com](http://www.sportlicht.com) (live results)

## 12. Training / Competition

Monday	14:00 – 20:30
Tuesday, Wednesday, Thursday	08:00 – 21:00
Friday, Saturday	07:00 – 20:30
Sunday	07:00 – 18:30

## 13. Competition format

The format for the individual events in the FINA DIVING GRAND PRIX is the tournament system based only on dives with unlimited degree of difficulty (men six (6) dives, women five (5) dives).

The tournament consists of a preliminary competition, two (2) semi-finals with six (6) divers in each and a final with six (6) divers. Semi-final "A" comprises the divers ranked 12-10-8-6-4-2 and Semi-final "B" comprises the divers ranked 11-9-7-5-3-1 in the preliminary competition, however not more than two (2) divers from the Organising Federation may be counted among these twelve (12) divers. In the finals, the three (3) best divers from both semi-finals meet. In the semi-finals and finals, the divers start in the reverse order of their placing in the preliminary competition.

The synchronised events are held as direct finals and are run in accordance with FINA Rule D 3.7. If the Organising Federation enters two (2) teams only the best team counts and may go to the podium for the medal.



#### 14. Technical Meeting

The technical meeting will take place at the InterCityHotel on Thursday 28<sup>th</sup> 2016 at 10 AM.

#### 15. Competition schedule

##### Friday, January 29<sup>th</sup>, 2016

10 h 00	1.1	Springboard	3m	Men		Preliminary	6 Dives
	2.1	Platform	10m	Women		Preliminary	5 Dives
	1.2	Springboard	3m	Men	1 <sup>st</sup>	Semi Final	6 Dives
	1.3	Springboard	3m	Men	2 <sup>nd</sup>	Semi Final	6 Dives
	2.2	Platform	10m	Women	1 <sup>st</sup>	Semi Final	5 Dives
	2.3	Platform	10m	Women	2 <sup>nd</sup>	Semi Final	5 Dives

##### 17 h 30 **Opening Ceremony**

1.4	Springboard	3m	Men		Final	6 Dives
2.4	Platform	10m	Women		Final	5 Dives

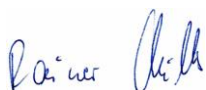
##### Saturday, January 30<sup>th</sup>, 2016

10 h 00	3.1	Springboard	3m	Women		Preliminary	5 Dives
	4.1	Synchronized diving	3m	Men		Final	6 Dives
	3.2	Springboard	3m	Women	1 <sup>st</sup>	Semi Final	5 Dives
	3.3	Springboard	3m	Women	2 <sup>nd</sup>	Semi Final	5 Dives
15 h 30	3.4	Springboard	3m	Women		Final	5 Dives
	5.1	Synchronized diving	10m	Men		Final	6 Dives

##### Sunday, January 31<sup>th</sup>, 2016

10 h 00	6.1	Platform	10m	Men		Preliminary	6 Dives
	7.1	Synchronized diving	10m	Women		Final	5 Dives
	6.2	Platform	10m	Men	1 <sup>st</sup>	Semi Final	6 Dives
	6.3	Platform	10m	Men	2 <sup>nd</sup>	Semi Final	6 Dives
15 h 30	8.1	Synchronized diving	3m	Women		Final	5 Dives
	6.4	Platform	10m	Men		Final	6 Dive

Good luck to all the participants in the FINA Diving Grand Prix 2016.



Rainer Milles  
 Präsident  
 Internationaler Springertag Rostock e.V.

**Internationaler  
 Springertag Rostock e.V**  
 Trotzenburger Weg 15  
 18057 ROSTOCK  
 - Organisation -

Oktober, 9<sup>th</sup> 2015

