

# FINA Points - Base Times SCM (25m) 2018

Validity period: 01.09.2018 – 31.08.2019

| STROKE                 | Men      |                     | Women    |                     |
|------------------------|----------|---------------------|----------|---------------------|
|                        | BASETIME | BASETIME IN SECONDS | BASETIME | BASETIME IN SECONDS |
| 50m Freestyle          | 20.26    | 20.26               | 22.93    | 22.93               |
| 100m Freestyle         | 44.94    | 44.94               | 50.25    | 50.25               |
| 200m Freestyle         | 1:39.37  | 99.37               | 1:50.43  | 110.43              |
| 400m Freestyle         | 3:32.25  | 212.25              | 3:54.52  | 234.52              |
| 800m Freestyle         | 7:23.42  | 443.42              | 7:59.34  | 479.34              |
| 1500m Freestyle        | 14:08.06 | 848.06              | 15:19.71 | 919.71              |
| 50m Backstroke         | 22.22    | 22.22               | 25.67    | 25.67               |
| 100m Backstroke        | 48.90    | 48.9                | 55.03    | 55.03               |
| 200m Backstroke        | 1:45.63  | 105.63              | 1:59.23  | 119.23              |
| 50m Breaststroke       | 25.25    | 25.25               | 28.64    | 28.64               |
| 100m Breaststroke      | 55.61    | 55.61               | 1:02.36  | 62.36               |
| 200m Breaststroke      | 2:00.44  | 120.44              | 2:14.57  | 134.57              |
| 50m Butterfly          | 21.80    | 21.8                | 24.38    | 24.38               |
| 100m Butterfly         | 48.08    | 48.08               | 54.61    | 54.61               |
| 200m Butterfly         | 1:48.56  | 108.56              | 1:59.61  | 119.61              |
| 100m Medley            | 50.30    | 50.3                | 56.51    | 56.51               |
| 200m Medley            | 1:49.63  | 109.63              | 2:01.86  | 121.86              |
| 400m Medley            | 3:55.50  | 235.5               | 4:18.94  | 258.94              |
| 4x50m Freestyle Relay  | 1:22.60  | 82.6                | 1:33.91  | 93.91               |
| 4x100m Freestyle Relay | 3:03.30  | 183.3               | 3:26.53  | 206.53              |
| 4x200m Freestyle Relay | 6:49.04  | 409.04              | 7:32.85  | 452.85              |
| 4x50m Medley Relay     | 1:30.44  | 90.44               | 1:43.27  | 103.27              |
| 4x100m Medley Relay    | 3:19.16  | 199.16              | 3:45.20  | 225.2               |

**N.B.**

Base times are defined based World Records that are approved on the start date of the validity period.



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# FINA Points - Base Times LCM (50m) 2019

Validity period: 01.01.2019 – 31.12.2019

| STROKE                 | Men      |                     | Women    |                     |
|------------------------|----------|---------------------|----------|---------------------|
|                        | BASETIME | BASETIME IN SECONDS | BASETIME | BASETIME IN SECONDS |
| 50m Freestyle          | 20.91    | 20.91               | 23.67    | 23.67               |
| 100m Freestyle         | 46.91    | 46.91               | 51.71    | 51.71               |
| 200m Freestyle         | 1:42.00  | 102                 | 1:52.98  | 112.98              |
| 400m Freestyle         | 3:40.07  | 220.07              | 3:56.46  | 236.46              |
| 800m Freestyle         | 7:32.12  | 452.12              | 8:04.79  | 484.79              |
| 1500m Freestyle        | 14:31.02 | 871.02              | 15:20.48 | 925.48              |
| 50m Backstroke         | 24.00    | 24.04               | 26.98    | 27.06               |
| 100m Backstroke        | 51.85    | 51.85               | 58.00    | 58.1                |
| 200m Backstroke        | 1:51.92  | 111.92              | 2:04.06  | 124.06              |
| 50m Breaststroke       | 25.95    | 25.95               | 29.40    | 29.4                |
| 100m Breaststroke      | 57.10    | 57.13               | 1:04.13  | 64.13               |
| 200m Breaststroke      | 2:06.67  | 126.67              | 2:19.11  | 139.11              |
| 50m Butterfly          | 22.27    | 22.43               | 24.43    | 24.43               |
| 100m Butterfly         | 49.82    | 49.82               | 55.48    | 55.48               |
| 200m Butterfly         | 1:51.51  | 111.51              | 2:01.81  | 121.81              |
| 200m Medley            | 1:54.00  | 114                 | 2:06.12  | 126.12              |
| 400m Medley            | 4:03.84  | 243.84              | 4:26.36  | 266.36              |
| 4x100m Freestyle Relay | 3:08.24  | 188.24              | 3:30.05  | 210.65              |
| 4x200m Freestyle Relay | 6:58.55  | 418.55              | 7:42.08  | 462.08              |
| 4x100m Medley Relay    | 3:27.28  | 207.28              | 3:51.55  | 231.55              |

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