

Education

The World Anti-Doping Agency (WADA) provides for a range of information and interactive education possibilities.

FINA Doping Control Rules are compiled in accordance with the 2015 World Anti-Doping Code.

[The 2015 World Anti-Doping Code](#) [1] works in conjunction with 5 International Standards including:

- [The Prohibited List](#) [1]
- [International Standard for Testing and Investigations \(ISTI\)](#) [2]
- [International Standard for Laboratories \(ISL\)](#) [3]
- [International Standard for Therapeutic Use Exemptions \(ISTUE\)](#) [4]
- [International Standard for the Protection of Privacy and Personal Information \(ISPPPI\)](#) [5]

In order to help the athletes understand their anti-doping rights and responsibilities, WADA has published an [Athlete Reference Guide](#) [6] to the 2015 World Anti-Doping Code.

This guide provides an explanation of athletes' roles and responsibilities, details of what constitutes an anti-doping rule violation, information on the Prohibited List and supplements, and details on matters ranging from the 'Whereabouts' rule to Therapeutic Use Exemptions (TUEs), amongst other topics.

Parents' Guide to Support Clean Sport

An anti-doping reference guide/booklet for parents seeking more information to ensure healthy athletic development and prevent the use of performance enhancing substances. This resource is relevant to parents of all levels of athletes from beginner to elite.

Parents play a key role in forming athletes' attitudes to doping and athletes often turn to them for advice. Topics such as healthy sport cultures, nutrition, the risks of supplements, and doping risk factors are outlined, and links to websites where parents can find further useful information are suggested.

PARENTS' GUIDE TO SUPPORT **CLEAN SPORT**

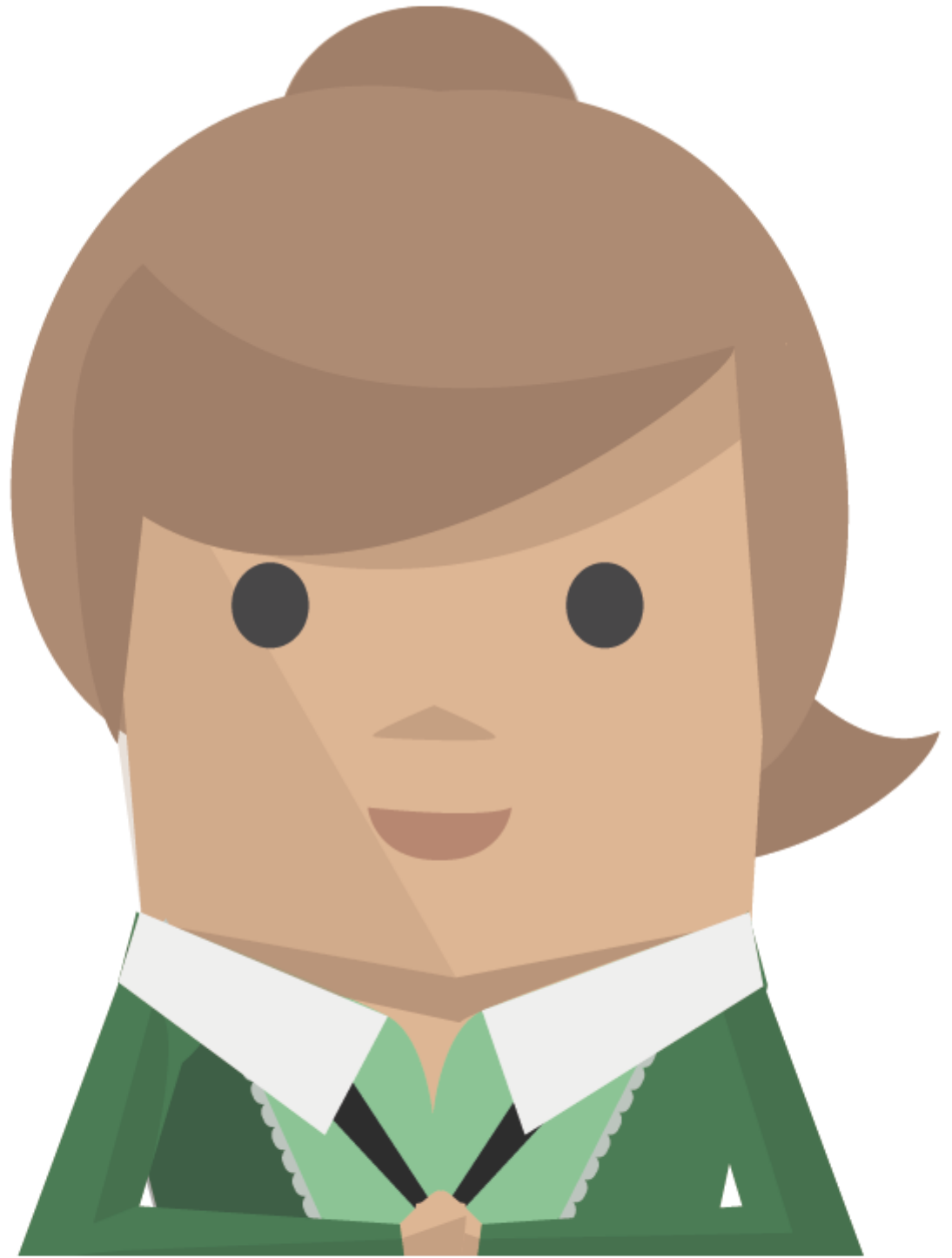
[7]

[7]

Anti-Doping e-Learning (ADeL) for athletes, coaches, doctors

FINA is pleased to present the World Anti-Doping Agency's (WADA) Anti-Doping e-Learning platform (ADeL). ADeL offers access to all topics related to clean sport and anti-doping. It offers courses for athletes, coaches, doctors and anyone interested in learning more about anti-doping and protecting the values of clean sport.

<https://adel.wada-ama.org/> [8]



ADeL

Dangers of Doping

https://www.wada-ama.org/sites/default/files/resources/files/WADA_Dangers_of_Doping_EN.pdf [9]

Video about athlete rights and responsibilities in the doping control process

Video of World Anti-Doping Agency - The Doping Control Process for Athletes

ARAB version : <https://youtu.be/ohKmKQ8ZCWc> [10]

CROATIAN version : <https://youtu.be/0TRGoJsOp4I> [11]

FRENCH version: <https://youtu.be/GIZ-40oJYAE> [12]

GERMAN version : <https://youtu.be/PYhekdf0rU> [13]

GREEK version : https://youtu.be/VH_eJB7fRSQ [14]

PORTUGUESE version : <https://youtu.be/hFg9StzJqyM> [15]

RUSSIAN version : <https://youtu.be/BBZQ2qbUqnM> [16]

SPANISH version : <https://youtu.be/BiMIEN7610o> [17]
