

## **British swimmers to race at open water World Cup's first legs**

British Swimming

A small team of British open water swimmers will be heading to South America for two legs of the FINA Open World Cup Series. Olympian Dan Fogg, who secured his best result on the world stage with a fifth place in the 10km at London 2012, will lead the team of six which also includes European Junior 5km Open Water silver medallist Tom Allen (British Gas Swansea ITC), Tom Sunter (City of Sheffield) and Jack Burnell who trains with Fogg at British Gas Loughborough ITC.

Hatfield's Lucy Charles and Rachel Williamson from Kingston-upon-Hull make up the squad.

The 10km races will be held on the 27th January in Santos, Brazil and then Viedma, Argentina on 2nd February and it will be the first time the swimmers have competed in two 10km races with a short recovery period between events.

Berni Dietzig, Interim Head of Open Water for British Swimming said: "Findings in the performance debrief following the London Olympics recommended that our open water swimmers need to race more and get more experience of racing in a range of conditions.

"This is the first opportunity in 2013 to take on some top competitors and these two races are usually well attended so they will be competitive.

"The two races will have different conditions; one is in the sea and the other in a river so the team will experience all kinds of currents, swells and flows. Usually they will have a week to ten days recovery time after a 10km race and they won't get that this time so it will be a big challenge for them."

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