



FÉDÉRATION  
INTERNATIONALE  
DE NATATION

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## History

In 2008, man swims 100m freestyle 18secs faster than in 1908. From lake, river and ocean, the sport moved to pools of standard length. Along came heating, starting blocks, lane ropes that deaden waves and chlorine and goggles for clarity. In 1908, five nations dominated. Today, 30 nations race for medals.

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